



# THIS WEEK

Monday 23 September - Sunday 29 September 2024



## MONDAY 23 SEPTEMBER

**Fit to Wiggle** Inclusive dance fitness session | 11am - 12pm  
**Stitch Craft** Weekly community sewing group | 2pm - 4pm



## TUESDAY 24 SEPTEMBER

**Falmouth Stroke Café** Social coffee morning, open to all | 10am - 12pm  
**Crafternoon** Weekly community craft group | 2pm - 4pm  
**Woolnuts** Weekly community craft group | 2pm - 4pm  
**Twinbrooke** Weekly community stitch group | 2pm - 4pm  
**Telltales Storytime** A night for writers, readers & listeners | Doors 5.30pm Starts 6pm



## WEDNESDAY 25 SEPTEMBER

**Fal Breton Band Rehearsal** Live music in the foyer | 2pm - 4pm  
**Games Club** Social games group, open to all | 2pm - 4.30pm  
**Beginners' Swing Dance Class** £5 on the door | 7.30pm - 9pm



## THURSDAY 26 SEPTEMBER

**Squidlets** Play group for 0 - 4 year olds. Run by Falmouth Vineyard Church | 9.45am - 11.15am  
**Sheila's Charity Stall** Raising money for St Petrocs & Marie Curie | 10.30am - 2pm  
**Alex Govier** Plays piano in the Garden Room | 1pm - 3pm  
**Falmouth Food Co-op** Meal preparation for distribution around the Falmouth area



## FRIDAY 27 SEPTEMBER

**Morning Meditation** Weekly meditation class with Andrew | 10.30am - 12pm  
**Friday Friendship Group** Informal group for making friends & chatting | 2pm - 4pm  
**Fal Beer Fest** Celebrating Cornish brewers with over 100 beers, perries & ciders | 4pm - 11pm



## SATURDAY 28 SEPTEMBER

**Fal Beer Fest** Celebrating Cornish brewers with over 100 beers, perries & ciders | 12pm - 11pm



## SUNDAY 29 SEPTEMBER

**Harbour Church** Church gathering, open to all | 10.15am - 12.30pm  
**Hollow Coves** Live music in the theatre SOLD OUT | Bar open 6pm Doors 7.30pm Starts 8pm